

Monday 5/15/23	Tuesday 5/16/23	Wednesday 5/17/23	Thursday 5/18/23	Friday 5/19/23	Saturday 5/20/23	Sunday 5/21/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Biscuit and cream chip beef Hard boiled egg Chopped Fruit Orange Juice Coffee, Tea, Milk	Cream of Rice Assorted Cold Cereals Egg and Ham Bake Danish Tropical Fruit Cup Cranberry Juice Coffee, Tea, Milk	Cream of Wheat Assorted Cold Cereals Scrambled eggs Sausage Patty Blueberry Muffin Apple Juice Coffee, Tea, Milk	Cheese Grits Assorted Cold Cereals French Toast Bacon Strips Banana Orange Juice Coffee, Tea, Milk	Strawberry Cream Oatmeal Assorted Cold Cereals Three Cheese Omelets Turkey sausage Patty Danish Orange slice Apple Juice Coffee, Tea, Milk	Grits Assorted Cold Cereals Scrambled Egg Banana nut Muffin Sausage Links Fresh Grapes Orange Juice Coffee, Tea, Milk	Cream of Wheat Assorted Cold Cereals Biscuit and Country Gravy Hard boiled egg Fresh Orange Wedges Cranberry Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Carrot and Pumpkin Soup Corn Salad Pulled Pork BBQ Turkey and Cheese Sandwich BBQ Tofu (v) Fries Mixed Vegetables Peaches and Cream	Tomato Basil Soup Dill potato salad Tuna Salad Croissant Reuben Sandwich White Bean Pesto Gnocchi (v) Dill Potato Salad Lima Beans Fruit Cocktail Gelatin	Chicken Noodle Soup Cole slaw Sloppy Joe Sandwich Ham and Cheese Sandwich Grilled Cheese and Tomato (v) Oven Baked Fries Steamed Carrot coins Vanilla Pudding Parfait	New England Clam Chowder Caesar Salad Roast beef with gravy Philly Chicken Cheesesteak Swiss Cheese Croissant (v) Whipped Sweet Potatoes Sauteed Spinach Chilled Pear Halves	Chicken Tortilla Soup Chickpea Kale Salad Seared Chicken Piccata Tilapia with Lemon Caper sauce Crispy Vegetarian Chicken (v) Steamed Rice Steamed green bean Fresh Fruit Cup	Hearty Vegetable Soup Tomato Cucumber Salad Spaghetti and Meat Sauce Hawaiian Turkey Burger Vegetarian Meat crumble with Spaghetti (v) Garlic knot Broccoli, Cauliflower and Carrot Medley Chocolate Pudding Parfait	Beef Barley Soup Garden Rotini Pasta Salad Chicken Salad on Bun Hot Dog on Bun Vegan Grilled Cheese (v) Fries Steamed peas Blushed Pineapple
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Carrot and Pumpkin Soup Tossed salad Bacon Wrapped Pork loin Chicken Dijon Herbed Rice Orange Glazed Carrots Broccoli Spears Multigrain roll Meatballs in Mushroom Sauce (v) Carrot Cake	Tomato Basil Soup Caesar Roasted Turkey Breast Beef and Broccoli Stir Fry w/ Rice Roasted Potatoes Zucchini and Tomatoes Steamed Green Beans Yeast Roll Cheese Ravioli Pomodoro (v) Chocolate Chip Cookies	Chicken Noodle Soup Tossed salad BBQ Meatloaf Shrimp Pasta Alfredo Chive Mashed Potatoes Braised Red Cabbage Peas and Mushrooms Wheat Dinner Roll Vegan Meatloaf(v) Chocolate Cream pie	New England Clam Chowder Cobb Salad Baked Ziti with Sausage Chicken Chardonnay Au Gratin Potatoes Curried Cauliflower Roasted Squash Garlic Breadstick 3 Bean Chili (v) Pineapple Upside Down Cake	Chicken Tortilla Soup House Salad BBQ Pork Rib Patty Swiss Steak Macaroni and Cheese Steamed Broccoli Collard Greens Multigrain roll Vegetable Lasagna (v) Cherry Cobbler	Hearty Vegetable Soup Caesar Southern Fried Chicken Beef Brisket Red Beans and Rice Okra and Tomatoes Steamed Succotash Cornbread Cheese and Vegetable Pizza (v) Peach Pie	Beef Barley Soup House Salad Sweet and Sour Pork loin Stir fry Chicken Vegetarian Fried Rice Stir Fry Vegetables Vegetable Egg Roll Yeast Roll Sweet and Sour Tofu (v) Lemon Bar