

## Week Three Winter Menu

Monday 3/4/24	Tuesday 3/5/24	Wednesday 3/6/24	Thursday 3/7/24	Friday 3/8/24	Saturday 3/9/24	Sunday 3/10/24
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Oatmeal Assorted Cold Cereals  <b>Friends Breakfast</b>	Oatmeal Assorted Cold Cereals  <b>Friends Breakfast</b>	Oatmeal Assorted Cold Cereals  <b>Breakfast Special</b>	Oatmeal Assorted Cold Cereals  <b>Friends Breakfast</b>	Oatmeal Assorted Cold Cereals  <b>Friends Breakfast</b>	Oatmeal Assorted Cold Cereals  <b>Friends Breakfast</b>	Oatmeal Assorted Cold Cereals  <b>Friends Breakfast</b>
Vegetable Scrambled eggs	Scrambled Eggs	Pancakes	Scrambled Eggs	Cheese Omelet	Scrambled Eggs	Scrambled Eggs
Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Carrot and Ginger Soup Spinach Salad	Vegetable Soup Broccoli Salad	Loaded Potato Soup Chickpea Salad	Maryland Crab Soup Pasta Salad	Tomato Bisque Edamame & Corn Salad	Past Fagioli Macaroni Salad	Lentil and Tomato Soup Tomato Cucumber salad
<b>Tuna Melt on Wheat</b>	<b>Chicken Tortellini w/Alfredo</b>	<b>Hot Dog</b>	<b>Roast Beef Cheddar Wrap</b>	<b>Chicken Parmesan</b>	<b>Pulled BBQ Beef Sandwich</b>	<b>Turkey Club Croissant w cheese</b>
<b>Italian Hoagie</b>	<b>Sausage and Tortellini Marinara</b>	<b>Breaded Fish Filet</b>	<b>Egg salad Plate</b>	<b>Italian Sausage w/Onions &amp; Peppers</b>	<b>Meatball Sub w/ cheese</b>	<b>Ham and Cheese Melt</b>
<b>Vegetarian Beyond Sausage W/ Peppers &amp; Onions (v)</b>	<b>Tofu Tortellini Marinara</b>	<b>Swiss Cheese Croissant (v)</b>	<b>Veg. Garden Burger(V)</b>	<b>Veg. Chicken Parmesan</b>	<b>Veg. Meatball Sub (v)</b>	<b>Grilled Cheese/Tomato (v)</b>
Cole Slaw	Steamed Cauliflower	Potato Salad	Sweet potato Fries	Marinara and Pasta	Baked Beans	Onion Rings
Sauteed Spinach	Succotash	Baby Carrots/Green beans	Corn O'Brien	Lima Beans	Cut Green Beans	Steamed Peas
Vanilla Pudding w/Banana	Mandarin Oranges	Peaches Orange Crème	Chilled Pineapple	Berries w/Whip Topping	Raisin Rice Pudding	Fresh Melon
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Carrot and Ginger Soup Greek Salad	Vegetable Soup Caesar	Loaded Potato Soup House Salad	Maryland Crab Soup Garden Salad	Tomato Bisque Caesar Salad	Past Fagioli House Salad	Lentil and Tomato Soup Mixed Green Salad
<b>Garlic Oregano Chicken</b>	<b>Meatballs Pomodoro</b>	<b>Shrimp Risotto</b>	<b>Roast Turkey</b>	<b>Chicken Stir fry</b>	<b>Chimichurri Flank Steak</b>	<b>Turkey Meatloaf</b>
<b>Cajun Catfish</b>	<b>Chicken Cacciatore</b>	<b>Chicken Risotto</b>	<b>Tilapia Vera Cruz</b>	<b>Sweet and Sour Pork</b>	<b>Chicken Marsala</b>	<b>Honey Glazed Pork loin</b>
Wild Rice	Spaghetti	Roasted Squash	Mashed Potatoes	Brown Rice	Roasted Rosemary Potato	Cheddar Yukon Mashed Potatoes
Glazed Carrots	Steamed Broccoli	Steamed Peas Mushrooms	Steamed Green Beans	Stir Fried Vegetables	Cauliflower Bake	Herbed Green Beans
Braised Mustard Greens	Italian Green Beans	Brocc., Carrot & Cauliflower	Brussels Sprouts	Egg Roll	Sauteed Spinach	Roasted Butternut Squash
Wheat Dinner Roll	Garlic Bread stick	Yeast Roll	Wheat Roll	Yeast Roll	Multigrain Roll	Wheat Roll
<b>Roasted Herbed Tofu (V)</b>	<b>Vegetarian Meatball Pomodoro (v)</b>	<b>Tofu Mushroom Risotto (V)</b>	<b>Spinach Souffle (v)</b>	<b>Sweet and Sour Tofu(V)</b>	<b>Veg. Beyond Beef Stew (v)</b>	<b>Spinach Quiche (v)</b>
Cherry Pie	Golden Cake White Icing	Tiramisu	Marbled Brownie	Chocolate Chip Cookies	Blueberry Pie	Carrot Cake