

Week One Spring Menu 2024 V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free



Monday 5/13/24	Tuesday 5/14/24	Wednesday 5/15/24	Thursday 5/16/24	Friday 5/17/24	Saturday 5/18/24	Sunday 5/19/24
Breakfast	5/14/24 Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals
Friends Breakfast	Friends Breakfast	Breakfast Special	Friends Breakfast	Friends Breakfast	Friends Breakfast	Friends Breakfast
Vegetable Scrambled Eggs	Scrambled Eggs	Biscuit Sausage Gravy	Crustless Quiche	Omelets with Cheese	Scrambled Eggs	Scrambled Eggs
Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Pot
Fresh Fruit and Breakfast	Fresh Fruit and Breakfast	Fresh Fruit and Scrambled	Fresh Fruit and Breakfast	Fresh Fruit and Breakfast	Fresh Fruit and Breakfast	Fresh Fruit and Breakfa
Bread	Bread	egg	Bread	Bread	Bread	Bread
Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
New England Clam	Lentil And Spinach Soup	Chicken Orzo Soup	Minestrone	Turkey and Rice Soup	Cream Of Asparagus	Chicken Noodle Sou
Chowder Garden Rotini Pasta Salad	Caesar Salad	Chickpea Kale Salad	Tomato Cucumber Salad	Corn Salad	Dill potato salad	Macaroni Salad
Chicken Salad on Bun	Roast beef with	Chicken Cordon Blue	Spaghetti w/ Meat Sauce	Turkey Club	Tuna Salad Croissant	Sloppy Joe Sandwid
Officken Salad Off Bull	Mushroom Gravy	Officker Cordon Blue	Spagnetti W/ Meat Sauce	Turkey Glub	Turia Galau Groissant	Sloppy due danuwit
Quiche Loraine	Philly Chicken Cheesesteak	Crispy Cod w/ Lemon	Hawaiian Turkey Burger	Egg Salad Sandwich/ lettuce	Turkey Rueben Sandwich	Ham and Cheese Sandwich
Vegetarian Chix Nuggets (V)	Grilled Cheese w/ Tomato (V)	Crispy Vegetarian Chicken (v)	Vegt. Beef Sauce Spaghetti (v)	BBQ Tofu (v)	White Bean Pesto Gnocchi (v)	Grilled Cheese and Tomato (v)
Roasted Potato Medley	Whipped Sweet Potatoes	Steamed Rice	Broc., Cauliflower, Carrot	Cole Slaw	Dill Potato Salad	Cole Slaw
Orange Glazed Carrots	Sauteed Spinach	Succotash	Medley Garlic Bread	Mixed Vegetables	Lima Beans	Steamed Carrot coin
Charles Appleans	Obillad Dana Habira	Farab Farit Com	Observator Devidires Devicit	Peaches and Cream	Fruit Cocktail Gelatin	Vanilla Duddina Dada
Chunky Applesauce	Chilled Pear Halves	Fresh Fruit Cup	Chocolate Pudding Parfait			Vanilla Pudding Parfa
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
New England Clam	Lentil And Spinach Soup	Chicken Orzo Soup	Minestrone	Turkey and Rice Soup	Cream Of Asparagus	Chicken Noodle Sou
Chowder House Salad	Cobb Salad	Mixed Green Salad	Caesar	Tossed salad	Caesar	Spinach Salad
Sweet and Sour Chicken	Beef Marzetti	Cornmeal Catfish w/	Fried Chicken	Beef and Broccoli Stir Fry	Roasted Turkey Breast	BBQ Meatloaf
Sweet and Sour Chicken	beer marzetti	Cilantro Cream sauce	Fried Chicken	Beer and Broccon Stir Fry	Roasted Furkey Breast	BBQ Meatioal
Mongolian Stir fry Beef	Caprese Chicken	BBQ Pork Chop	Beef Brisket	Tilapia with Lemon Caper sauce	Bacon Wrapped Pork loin	Shrimp Pasta Alfred
Vegetable Fried Rice	Parslied Potato	Red Beans and Rice	Macaroni and Cheese	Brown Rice	Mashed Potatoes	Whipped Sweet Potato
Stir Fry Vegetables	Roasted Cauliflower	Okra and Tomatoes	Corn O'Brien	Stir Fry Vegetables	Steamed Green Beans	Spinach and Mushroo
Vegetable Egg Roll	Asparagus Tips and	Mustard Greens	Broccoli	Bok choy	Braised Cabbage and Peas	Roasted Vegetables
Yeast Roll	Tomatoes Garlic Breadstick	Multigrain roll	Cornbread	Multigrain roll	Yeast Roll	Wheat Dinner Roll
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Sweet and Sour Tofu (V,GF)	Vegetarian Sausage (V,SF,GF)	Beyond Beef Quesadilla (V)	Marinated Roasted Tofu (V,GF)	Vegetarian Meatballs w/Sweet and Sour (V)	Vegt. Breaded Chicken Cutlet (V)	Vegt. Beyond Meatic (V,GF)
Lemon Bar	Pineapple Upside Down Cake	Key Lime Pie	Cherry Cobbler	Carrot Cake	Chocolate Chip Cookies	Chocolate Cream pi