

## Week Two Summer Menu 2024

V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 7/15/24	Tuesday 7/16/24	Wednesday 7/17/24	Thursday 7/18/24	Friday 7/19/24	Saturday 7/20/24	Sunday 7/21/24
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Vegetable Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Cream Chipped Beef w/ Biscuit Potato, Scrambled egg Fresh Fruit Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Crustless Quiche With Vegetables Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Omelet With Cheese Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Broccoli Cheddar Soup (V) House Salad Boneless Pork Rib Maple Glazed Turkey Burger Spinach Quiche (v) Baked Beans (v) Asparagus Strawberry Apple Sauce	Vegetable Soup (V) Pasta Salad Chicken Salad Croissant Fish Sandwich Meatless Chix Nugget w/ sauce (V) Whipped Sweet Potatoes Mixed Vegetables Fresh Fruit Cup	Chicken Noodle Apple Raisin Walnut Salad Bratwurst w/ Apple Bacon Sauerkraut Turkey Club Grilled Cheese on Wheat Red beans and Rice Steamed Peas Ambrosia	Crab Bisque House Salad California Burger Corn Dog Minis California Garden Burger (V) Potato Salad Cole Slaw Yogurt and Fruit Cup	Chicken Tortilla Soup Caesar Salad Tuna Salad Croissant Ham and Swiss Melt Chopped Garden Chef Salad (v) Fresh Chips Succotash Chocolate Parfait	Chili Con Carne Macaroni Salad Roast Beef Melt Shrimp Salad on Roll Vegt. Chicken Salad Sand. (V) Tator Tots Baby Carrots Chilled Peaches	Corn Chowder House salad Chicken Teriyaki Thighs Salmon Burger Gardien Teriyaki Chicken (v) Brown Rice Stir Fry Vegetables Whipped Topping Fruit Cocktail
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Broccoli Cheddar Soup (V) Caesar Salad Beef Lasagna Chicken Dijon Garlic herb Potatoes Parslied Cauliflower Green Beans w/ Red Pepper Garlic Breadstick Stuffed Shells (V,SF) Nutty Brownie	Vegetable Soup (V) Greek Salad London Broil w/ Mushroom Sauce Pork Loin with Braised Sauerkraut Mash Potatoes Sugar Snap peas Steamed Broccoli Hawaiian Roll Marinated Roasted Tofu(V,VG,GF) Pecan Pie	Chicken Noodle Spinach Salad Shrimp Scampi Chicken Piccata Mango Rice Braised Cabbage and Carrots Roasted Butternut Squash Wheat Dinner Roll Gardien Breaded Chicken Piccata (V) Golden White Cake	Crab Bisque Watermelon Salad BBQ Chicken Quarters Grilled Steak Cobb Salad Macaroni and Cheese Broccoli and Cauliflower Baked Beans Corn Bread BBQ Tofu (V,VG,GF) Strawberry Shortcake	Chicken Tortilla Soup Mixed Green Salad Turkey Cutlet Marsala Honey Glazed Ham Wild Rice Asparagus Italian Green Beans Yeast Roll Lentil Loaf (V, SF) Peach Cobbler	Chili Con Carne Greek Spinach Salad Monterey Chicken w/ Avocado Lemon Garlic Baked Whiting Whipped Potatoes Roasted Squash Medley Tomato Basil Lima Beans Multigrain roll Vegetable Quiche (V, SF) Blueberry Pie	Corn Chowder Chopped Salad Beef Stroganoff Chicken Broccoli Alfredo Parslied Noodles Glazed Carrot Coin Cheesy Cauliflower Wheat dinner roll Vegetable Tofu stir fry(V,GF) Orange Ice cake