

Understanding the Continuum of Support



Friends House
community through caring

Short-Term Rehab | Skilled Nursing | Assisted Living | Memory Support | Long-Term Care

Skilled Nursing Care:

Typically provided to individuals who require 24/7 medical monitoring, assessment, and treatment. Generally suitable for individuals with complex medical conditions, post-surgical care needs, or those requiring extensive rehabilitation services.

- 24/7 nursing care provided by licensed professionals
- Medical monitoring, assessment, and treatment
- Wound care and rehabilitation services
- Assistance with complex medical conditions or post-surgical care
- Physical, occupational, and speech therapy services

💰 Private Room: \$300 - \$600+

💰 Shared/Semi-Private Room: \$250 - \$500+

✓ Need a physician's referral or prescription.

Short-Term Rehabilitation Services:

Short-term rehabilitation is designed for individuals recovering from an illness, surgery, injury, or hospital stay. It focuses on intensive therapies such as physical, occupational, or speech therapy to restore functioning and help individuals regain independence.

- Physical therapy to improve mobility, strength, and balance
- Occupational therapy to enhance daily living skills and independence
- Speech therapy to address communication and swallowing difficulties
- Personalized treatment plans and progress monitoring
- Assistive device evaluation and training

💰 Private Room: \$300 - \$600+

💰 Shared/Semi-Private Room: \$250 - \$500+

✓ Physician's referral or recommendation is required.

💰 *Estimated Daily Rate**

✓ *Admission Requirements*

Long-Term Care:

Typically provided to individuals who require ongoing assistance with ADLs and may have more complex medical needs. It is suitable for individuals with chronic illnesses, disabilities, or conditions that necessitate continuous support and supervision.

- Comprehensive care and support for individuals with ongoing health and personal care needs
- Provided by trained professionals to ensure round-the-clock assistance and supervision
- Medical monitoring, assessment, and treatment to manage chronic conditions and maintain overall well-being
- Rehabilitation services, including wound care and therapies such as physical, occupational, and speech therapy, to enhance functional abilities and promote independence
- Specialized assistance for complex medical conditions, post-surgical care, and the management of chronic illnesses
- Emphasis on personalized care plans tailored to individual needs and preferences

💰 Private Room: \$200 - \$400+

💰 Shared/Semi-Private Room: \$150 - \$300+

✓ Eligibility often involves an assessment of functional abilities and care needs.

Respite Care:

Respite care offers temporary relief to caregivers by providing care and support to their loved ones for a short duration. It can be utilized when caregivers need a break, have travel plans, or require assistance during emergencies. Individuals can benefit from respite care regardless of their condition or age.

- Short-term care services for individuals recovering from surgery or illness
- Temporary care provided to relieve primary caregivers or family members
- Access to all necessary amenities and healthcare services
- Assistance with ADLs, medication management, and nursing care
- Socialization opportunities and participation in community activities

💰 Private Room: \$200 - \$400+

💰 Shared/Semi-Private Room: \$150 - \$300+

✓ No specific medical or care needs are typically required.

Assisted Living:

Assisted living is designed for individuals who require assistance with activities of daily living (ADLs) such as bathing, dressing, grooming, medication management, and mobility. Generally, individuals should have a level of independence that allows them to live in a less medically intensive environment.

- Medication management and administration
- Personalized service plans based on individual needs and preferences
- Regular wellness checks and monitoring of health conditions
- Assistance with mobility and transferring

💰 Private Room: \$200 - \$400+

💰 Shared/Semi-Private Room: \$150 - \$300+

✓ An assessment is often conducted to determine if needs align with services offered.

Memory Care Services:

Memory care programs are specifically designed for individuals with Alzheimer's, dementia, or other memory-related impairments. These programs provide a safe, supportive environment with specialized care, activities, and programs tailored to the unique needs of individuals with memory loss.

- Assistance with daily tasks
- Enhanced safety measures
- Structured activities and programs to support cognitive function
- Personalized service plans and therapies designed to promote memory retention and engagement

💰 Private Room: \$250 - \$500+

💰 Shared/Semi-Private Room: \$200 - \$400+

✓ An assessment is usually conducted to align care needs with the specialized services.



Questions?

We've got answers. Call today and our helpful, knowledgeable team will help you navigate your next steps!

301-202-1798

*Numbers subject to change, based on published data.

What To Look For...



Quality of Care: This includes factors such as attentive and compassionate team, personalized service plans, and effective communication with family members regarding the resident's well-being.



Staffing Levels and Competence: Adequate staffing levels and competent staff are crucial in ensuring the well-being and safety of residents.



Cleanliness and Safety: Maintaining a clean and safe environment through proper hygiene practices, infection control measures, and safety protocols to prevent accidents, falls, and the spread of infections.



Resident Engagement and Activities: These may include social events, recreational activities, cultural outings, and opportunities for physical exercise, cognitive stimulation, and creative expression.



Nutritious Meals and Dining Experience: Expect nutritious, well-balanced meals tailored to individual dietary needs, preferences, and cultural backgrounds. The dining experience, including the ambiance and social interaction during meals, is also important.



Communication and Family Involvement: Open and regular communication between the staff and family members includes being kept informed about their loved one's care, health updates, and opportunities for family involvement, participation in care planning, and visits.



Community's Reputation and Reviews: Families often rely on reviews, recommendations, and word-of-mouth experiences to assess the reputation of a provider. Positive feedback and testimonials from other families can contribute to their decision-making process.



End-of-Life Care and Support: Offering palliative care, pain management, emotional support, and bereavement services to ensure dignified and compassionate end-of-life care.

It's important to remember that the specific priorities and preferences of you and your loved one may vary. At Friends House, we recommend involving family members in the decision-making process and considering their individual needs and expectations when selecting the right fit.



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**Schedule A Personal
Visit Today - to
Prepare for Tomorrow.**



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