

Welcome to Friends House Retirement Community:

Where Nature Meets Care & Community





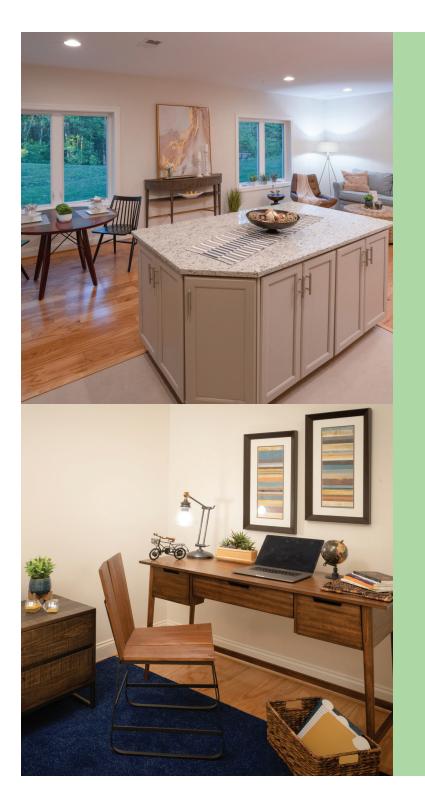


## Grounded in Values, Committed to Diversity





At Friends House, our foundation is built on the guiding principles of Quaker values: Simplicity, Peace, Integrity, Community, Equality, Stewardship, and Sustainability. These principles guide every aspect of our community life. We're dedicated to creating an environment that celebrates diversity, focuses on sustainable living, and encourages active participation from all residents.



## Find Your Space, Live Your Way

Friends House offers diverse residential options including Harker Apartments, Lodge Apartments, duplex and free-standing Cottages, all designed with sustainability in mind.

Assisted Living at Friends House caters to those valuing independence with access to assistance when needed. In Haviland Hall, our dedicated team provides personalized support, ensuring residents feel both cared for and empowered.

Skilled Nursing and short-term rehabilitation, conveniently located in Stabler Hall within our five-star Health Center, delivers comprehensive medical care. With 24-hour nursing, full-time dietitians, medical consultations, and various therapies available, residents receive top-tier support in their recovery and ongoing healthcare needs.



## Active, Engaged, Connected

Explore the array of activities at Friends House, where engagement and fulfillment come together. Our Garden Collective provides a serene setting to connect with nature and like-minded residents, nurturing a sense of peace and community. Indoors, The Elephant Shop, run by our residents, is a bustling center of activity, offering eclectic items for purchase and a space for lively social interactions. With programs ranging from music and art to wellness, Friends House is dedicated to offering enriching opportunities and fostering connections within our community, ensuring to offer a welcoming and inclusive atmosphere for all.

At Friends House, dining is about more than meals; it's an experience steeped in community spirit and environmental consciousness. We pride ourselves on serving homemade food, reflecting a commitment to sustainable practices. By embracing composting and prioritizing locally sourced ingredients, we not only offer a menu with healthy options but also contribute to a healthier planet. Supporting this culinary effort is our Dining Committee, a dedicated group of residents who collaborate with our Dining Services team to design our meal offerings. Together, they ensure that every dining experience is enjoyable and inclusive of all dietary needs, truly making dining at Friends House a cornerstone of our community life.





Experience the natural beauty and tranquility of Friends House through our extensive walking trails. Nestled within our community, these trails offer the chance to immerse yourself in the serene landscapes and peaceful surroundings of our campus. Whether you prefer a leisurely stroll to reflect and unwind or a more challenging walk to invigorate your senses, our well-maintained paths provide the perfect backdrop for every pace and preference. Discover the joys of outdoor life and the simple pleasures of nature's beauty right at your doorstep.





Share Your
Journey with Us

Joining our Circle of Friends Future
Residents list is the first step toward
integrating into a community that deeply
values well-being and fulfillment. Here, you'll
find a true sense of belonging for you and
your furry companions. Friends House is a
pet-friendly environment that recognizes
the joy and companionship pets bring to
our lives. Hear from residents who cherish
living in our community, where both you and
your pets are embraced as part of the family,
enhancing the warmth and connection that
defines our shared experience.



"Walk the grounds and you will encounter a vibrant neighborhood filled with interesting, knowledgeable, and friendly people from all walks of life."

- Nancy L., Friends House Resident

## Explore Your Future at Friends House

Visit Friends House to see what makes our community special. Schedule a visit or join a virtual tour to discover how you can enrich your life in a setting that values care, community, and connection. Contact us to learn more.



www.FriendsHouse.com | (301) 924-5100