

Week Two Fall Menu 2024

V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 11/4/24	Tuesday 11/5/24	Wednesday 11/6/24	Thursday 11/7/24	Friday 11/8/24	Saturday 11/9/24	Sunday 11/10/24
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals
Vegetable Scrambled Eggs	Scrambled Eggs	Cream Chipped Beef w/ Biscuit	Crustless Quiche With Vegetables	Omelet With Cheese	Scrambled Eggs	Scrambled Eggs
Breakfast Meat and Potato	Breakfast Meat and Potato	Potato, Scrambled egg	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread
Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Broccoli Cheddar Soup (V)	Vegetable Soup (V)	Chicken Noodle	Butternut Squash Soup	Chicken Tortilla Soup	Chili Con Carne	Corn Chowder
Mixed Green Salad	Pasta Salad	Apple Raisin Walnut Salad	Potato Salad	Caesar Salad	Macaroni Salad	House salad
Boneless Pork Rib	Chicken Salad Croissant	Bratwurst w/ Apple Bacon Sauerkraut	California Burger	Tuna Salad Croissant	Roast Beef Melt	Chicken Teriyaki Thighs
Maple Glazed Turkey Burger	Fish Sandwich	Turkey Club	Corn Dog Minis	Ham and Swiss Melt	Shrimp Salad on Roll	Salmon Burger
Spinach Quiche (v)	Meatless Chix Nugget w/ sauce (V)	Grilled Cheese on Wheat	California Garden Burger (V)	Chopped Garden Chef Salad (v)	Vegt. Chicken Salad Sand. (V)	Gardien Teriyaki Chicken (v)
Baked Beans (v)	Whipped Sweet Potatoes	Red beans and Rice	Cheesy Tator Tots	Broccoli, Cauliflower, Carrot	Coleslaw	Brown Rice
Asparagus	Mixed Vegetables	Steamed Peas	Succotash	Chips	Baby Carrots	Stir Fry Vegetables
Strawberry Apple Sauce	Fresh Fruit Cup	Chilled Peaches	Yogurt and Fruit Cup	Ambrosia	Chocolate Parfait	Whipped Topping Fruit Cocktail
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Broccoli Cheddar Soup (V)	Vegetable Soup (V)	Chicken Noodle	Butternut Squash Soup	Chicken Tortilla Soup	Chili Con Carne	Corn Chowder
Caesar Salad	Greek Salad	Spinach Salad	House Salad	Mixed Green Salad	Greek Spinach Salad	Chopped Salad
Shrimp Scampi	London Broil w/ Mushroom Sauce	Beef Lasagna	Monterey Chicken w/ Avocado	Seafood Quiche	BBQ Chicken	Turkey Cutlet Marsala
Grilled Steak or Chicken Cobb Salad	Pork Loin with Braised Sauerkraut	Chicken Broccoli Alfredo	Beef Stroganoff	Chicken Piccata	Chimichurri Flank Steak	Beef Stew
Mango Rice	Mash Potatoes	Garlic Herb Potatoes	Wild Rice	Whipped potatoes	Macaroni and Cheese	Parslied Noodles
Braised Cabbage and Carrots	Sugar Snap peas	Parslied Cauliflower	Roasted Squash Medley	Glazed Carrot Coin	Broccoli and Cauliflower	Asparagus
Roasted Butternut Squash	Steamed Broccoli	Green Beans w/ Red Pepper	Tomato Basil Lima Beans	Cheesy Cauliflower	Baked Beans	Italian Green Beans
Wheat Dinner Roll	Hawaiian Roll	Garlic Breadstick	Multigrain roll	Wheat dinner roll	Corn Bread	Yeast Roll
Vegetable Tofu stir fry(V,GF)	Marinated Roasted Tofu(V,VG,GF)	Stuffed Shells (V,SF)	Vegetable Quiche (V, SF)	Gardien Breaded Chicken Piccata (V)	BBQ Tofu (V,VG,GF)	Lentil Loaf (V, SF)
Golden White Cake	Pecan Pie	Nutty Brownie	Blueberry Pie	Orange Ice cake	Chocolate Cake	Peach Cobbler