

Monday 1/20/25	Tuesday 1/21/25	Wednesday 1/22/25	Thursday 1/23/25	Friday 1/24/25	Saturday 1/25/25	Sunday 1/26/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Vegetable Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Sausage Gravy over Biscuit Breakfast Meat and Potato Fresh Fruit and Scrambled egg Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Crustless Quiche Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Omelet with Cheese Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil And Spinach Soup White Bean, Artichoke Salad Roast beef Swiss Melt Quiche Loraine Vegetarian Chix Nuggets (V) Macaroni Salad Steamed Carrot Coins Chunky Applesauce	New England Clam Chowder Caesar Salad Turkey Pot Pie Ham Salad on Wheat Grilled Cheese w/ Tomato (V) Sweet Potatoes Sauteed Spinach Chilled Pear Halves	Tomato Soup Chic Peas and Greens Philly Chicken Cheesesteak Crispy Cod with lemon Crispy Vegetarian Chicken (V) Steamed Rice Peas and Mushrooms Fresh Fruit Cup	Minestrone Tomato Cucumber Soup Chili Hot Dog Hawaiian Turkey Burger Vgt. Meatballs and Sauce Tator Tots Mixed Vegetables Cottage Cheese and Fresh Fruit Dinner	Turkey Rice Corn Salad Pulled BBQ Chicken Cheeseburger w/ toppings BBQ Tofu (v) Cole Slaw Streamed Broccoli Peaches and Cream	Cream Of Asparagus Dill potato salad Sloppy Joe Sandwich Turkey Rueben Sandwich White Bean Pesto Gnocchi (v) Roasted Potatoes Steamed Lima Beans Fruit Cocktail Gelatin	Chicken Orzo House Salad Tuna Salad Croissant Ham and Cheese Sandwich Grilled Cheese and Tomato (v) Steamed Corn Chips Vanilla Pudding Parfait
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil And Spinach Soup House Salad Pollock with Lemon Butter BBQ Pork Chop Red Beans and Rice Corn O'Brien Mustard Greens Multigrain roll Beyond Beef Quesadilla (V) Strawberry Shortcake Cookies	New England Clam Chowder Cobb Salad Brunswick Chicken Stew Carved Roast Beef with Demi Glaze Whipped Potatoes Steamed Green beans Roasted Squash Medley Yeast Roll Roasted Chic Pea Stew (V) Cherry Almond Crisp	Tomato Soup Mixed green Salad Baked Cornflake Chicken Breast Seasoned Catfish with Shrimp Sauce Macaroni and Cheese Sauteed Collards Steamed Broccoli Corn Bread Vegetable Quiche (V,SF) Pineapple Upside Down Cake	Minestrone Garden Salad Teriyaki Flank Steak Honey, Soy, Garlic Tilapia Brown Rice Stir Fry Vegetables Steamed Peas Multigrain Rolls Vegt. Meatballs w/Sweet&Sour sauce (V) Chocolate Peanut Butter Cake	Turkey Rice Tossed salad Roasted Polish Sausage and Vegetables Spaghetti and Meatballs(3) Parslied Potato Steamed Cauliflower Asparagus Tips Roasted Garlic Bread Stick Tortellini Primavera w/Pesto Cream (v) Rainbow Sprinkles Cake	Cream Of Asparagus Caesar Classic Meatloaf Stuffed Apple Chicken Breast Mashed Potatoes Spinach and Mushrooms Roasted Vegetables Wheat Dinner Roll Vegt. Beyond Meatloaf (V,GF) Lemon Meringue	Chicken Orzo Spinach Salad Turkey Swedish Meatballs Shrimp w/ Spinach Tomatoes and Creamy Garlic Sauce Parslied Egg Noodles Cut Green beans Braised Cabbage and Greens Multigrain roll Vegt. Bratz and Black-eyed Peas (V) Chocolate Cream Pie