



**Week Four Winter Menu 2025**

*V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Sou Free*

<b>Monday 2/10/25</b>		<b>Tuesday 2/11/25</b>		<b>Wednesday 2/12/25</b>		<b>Thursday 2/13/25</b>		<b>Friday 2/14/25</b>		<b>Saturday 2/15/25</b>		<b>Sunday 2/16/25</b>	
<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>		<b>Breakfast</b>	
Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals
Vegetable Scrambled Eggs	Scrambled Eggs	French Toast w/butter & syrup	Crustless Quiche with Vegetables	Omelet w/cheese	Two Eggs Over Hard	Scrambled Eggs	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato
Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Scrambled Eggs Fresh Fruit	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread
Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk
<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>		<b>Lunch</b>	
Split Peas Soup (v)	Three Bean Chili (v)	Chicken Noodle Soup	Vegetable Alphabet Soup (V)	Tomato Bisque	Chicken Corn Chowder	Potato Leek Soup	Broccoli and Cauliflower Salad	Marinated Tom./Cucumber Salad	Asian Salad w/Sesame Vin.	Macaroni Salad	House Salad	Pasta Salad	BBQ Chicken Breast
Hot Turkey Open Face Sand.w/Gravy	Hot Turkey Open Face Sand.w/Gravy	Crispy Sesame Chicken	Rueben Sandwich	Swedish meatballs	Chicken Tenders	Cod Fish	Ham and Swiss Sandwich	Tuna Salad on Wheat	Turkey, Spinach Swiss Quiche	Roast beef, Cheddar Sandwich	Cheeseburger	Grilled Chicken w/Let. Tom.	Vegetable Burger (V)
Grilled Cheese and Tomato (v)	Grilled Cheese and Tomato (v)	Tofu Stir fry(V)	Spanakopita(v)	Veg. Meatball Marinara (v)	Vegetarian Chick Nuggets w/ Sauce (V)	Swiss Croissant/Let. Tom.(v)	Whipped Sweet Potato	Mash Potato	Brown Rice	Onion Rings	Mac and Cheese	Wavy Fries	Steamed Asparagus
Steamed Green Beans	Steamed Green Beans	Stir Fry Vegetables	Mixed Vegetables	Broc., Cauliflower, Carrots	Cole Slaw	Steamed Lima Beans	Mixed Fresh Fruit	Oranges w/ Whipped Topping	Cottage Cheese and Fruit	Chocolate Oreo Parfait	Fresh Fruit Cup	Butterscotch Pudding	
<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>		<b>Dinner</b>	
Split Peas Soup (v)	Three Bean Chili (v)	Chicken Noodle Soup	Vegetable Alphabet Soup (V)	Tomato Bisque	Chicken Corn Chowder	Potato Leek Soup	Mixed Greens Salad	Caesar Salad	Hosue Salad	Greek Salad	Tossed Garden Salad	Garden Salad	Citrus Garlic Shrimp
Pepper Steak	Pepper Steak	Beer Batter Alaskan Cod	Baked Greek Herb Chicken	Carved Beef w/ Horseradish Cream Sauce	Beef Shepards Pie	Salisbury Steak and Gravy	Turkey Meatloaf with Gravy	Teriyaki Chicken Breast	Green Chili Pork Stew	Lemon Baked Tilapia	Turkey with Gravy	Chicken Fried Steak with Gravy	Red Parslied Potatoes
Mixed Vegetable Rice	Mixed Vegetable Rice	Roasted Sweet Potatoes	Orzo with Tomatoes	Baked Potato	Wild Rice	Mashed potatoes	Steamed Broccoli	Stir Fry Vegetables	Steamed Corn	Glazed Carrot Coins	Green Beans w/ Red Peppers	Wax bean green beans carrots	Roasted Mixed Vegetables
Roasted Cauliflower	Roasted Cauliflower	Sauteed Kale and Onions	Sauteed Collard Greens	Roasted vegetables	Braised Red and Green Cabbage	Succatosh	Yeast Roll	Multigrain roll	Hawaiian Roll	Yeast Roll	Wheat Dinner Roll	Yeast Roll	Broccoli Quiche (V)
Beyond Beef Broccoli Stir-fry (V)	Beyond Beef Broccoli Stir-fry (V)	Vegetable Stew (V,GF,SF,VG)	Beyond Beef Loaf (V)	Ultimate Vegetable Quiche	Marinated Roasted Tofu (V)	Veggie Chicken Parmesan (V)	Oatmeal Raisin Cookies	Butter Toffee Cake	Apple Almond Crisp	Pumpkin Pie	Cheesecake w/Berry sauce	Coconut Cake	