## Week One Spring Menu 2025 V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 4/14/25	Tuesday 4/15/25	Wednesday 4/16/25	Thursday 4/17/25	Friday 4/18/25	Saturday 4/19/25	Sunday 4/20/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals
Vegetable Scrambled Eggs	Scrambled Eggs	Sausage Gravy over Biscuit	Crustless Quiche	Omelet with Cheese	Scrambled Eggs	Scrambled Eggs with Che
Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Pota
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Scrambled egg	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfa Bread
Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk	Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil And Spinach Soup (V)	New England Clam Chowder	Mulligatawny Soup	Minestrone (V)	Turkey Rice	Cream Of Asparagus (V)	Chicken Orzo
White Bean, Artichoke Salad	Caesar Salad	Chic Peas and Greens	Tomato Cucumber Soup	Corn Salad	Dill potato salad	House Salad
Roast beef Swiss Melt	Turkey Rueben	Philly Chicken Cheesesteak	Chili Hot Dog	Pulled BBQ Chicken	Sloppy Joe Sandwich	Tuna Salad Croissant
Quiche Loraine	Egg Salad on Wheat	Crispy Cod with lemon	Hawaiian Turkey Burger	Cheeseburger w/ toppings	Chicken Salad on Wheat	Italian Sub w/Let.,Tom Dressing
Vegetarian Chix Nuggets (V)	Grilled Cheese w/ Tomato (V)	Crispy Vegetarian Chicken (V)	Vgt. Meatballs and Sauce	BBQ Tofu (v)	White Bean Pesto Gnocchi (v)	Grilled Cheese (v)
Macaroni Salad	Sweet Potatoes	Steamed Rice	Tator Tots	Cole Slaw	Roasted Potatoes	Steamed Corn
Steamed Carrot Coins	Sauteed Spinach	Peas and Mushrooms	Mixed Vegetables	Streamed Broccoli	Steamed Lima Beans	Chips
Chunky Applesauce	Chilled Pear Halves	Fresh Fruit Cup	Cottage Cheese and Fresh Fruit	Peaches and Cream	Fruit Cocktail Gelatin	Vanilla Pudding Parfa
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil And Spinach Soup (V)	New England Clam Chowder	Mulligatawny Soup	Minestrone	Turkey Rice	Cream Of Asparagus (V)	Chicken Orzo
House Salad	Cobb Salad	Mixed green Salad	Garden Salad	Tossed salad	Caesar	Spinach Salad
Brunswick Chicken Stew	Roasted Turkey with Cranberry	Suffed Apple Chicken Breast	Teriyaki Flank Steak	Spaghetti and Meatballs (3)	Chimichurri Flank Steak	Turkey Swedish Meatba
Roasted Polish Sausage and Vegetables	BBQ Pork Loin	Cornmeal Encrusted Catfish w/ Cilantro Cream	Honey, Soy, Garlic Tilapia	Cod Cakes	Baked Cornflake Chicken Breast	Shrimp w/ Spinach Toma and Creamy Garlic Sau
Cous Cous Primavera	Mashed Potatoes	Wild Rice	Brown Rice	Parslied Potato	Rice Pilaf	Parslied Egg Noodles
Steamed Broccoli	Steamed Green beans	Sauteed Collards	Stir Fry Vegetables	Steamed Cauliflower	Spinach and Mushrooms	Cut Green beans
Braised Cabbage	Roasted Squash Medley	Corn O'Brien	Sugar Snap Peas	Asparagus Tips Roasted	Roasted Vegetables	Braised Cabbage and Gro
Wheat Dinner Roll	Yeast Roll	Corn Bread	Multigrain Rolls	Garlic Bread Stick	Wheat Dinner Roll	Multigrain roll
Beyond Beef Stew (V)	Vegetable Quiche (V, SF)	Roasted Chic Pea Stew (V)	Vegt. Meatballs w/Sweet- sour sauce (V)	Tortellini Primavera w/Pesto Cream (v)	Vegt. Beyond Meatloaf (V,GF)	Vegt. Bratz and Black-e Peas (V)
Apple Crumb Cake	Cherry Almond Crisp	Pineapple Upside Down Cake	Rainbow Sprinkles Cake	Chocolate Peanut Butter Cake	Lemon Meringue	Chocolate Cream Pie