

Week Four Spring Menu 2025 V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5/5/25	5/6/25	5/7/25	5/8/25	5/9/25	5/10/25	5/11/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals
Vegetable Scrambled Eggs	Scrambled Eggs	French Toast w/butter & syrup	Crustless Quiche with Vegetables	Omelet w/cheese	Two Eggs Over Hard	Scrambled Eggs
Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Scrambled Eggs Fresh Fruit	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread
Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Three Bean Chili (v)	Split Peas Soup (v)	Chicken Noodle Soup	Vegetable Alphabet Soup (V)	Cream of Mushroom (v)	Chicken Corn Chowder	Potato Leek Soup
Broccoli and Cauliflower Salad	Marinated Tom./Cucumber Salad	Asian Salad w/Sesame Vin.	Macaroni Salad	Cous cous Primavera	House Salad	Pasta Salad
BBQ Chicken Breast	Hot Turkey Open Face Sand.w/Gravy	Crispy Sesame Chicken	Rueben Sandwich	Swedish meatballs	Chicken Tenders	Breaded Cod Fish w/Lemon
Ham and Swiss Sandwich	Cheeseburger with Let. Tom.	Turkey, Spinach Swiss Quiche	Roast beef, Cheddar Sandwich	Tuna Salad On Wheat	Patty Melt	Grilled Chicken w/Let. Tom.
Vegetable Burger (V)	Grilled Cheese and Tomato (v)	Tofu Stir fry(V)	Spanakopita(v)	Vegt. Meatball Marinara (v)	Vegetarian Chick Nuggets w/ Sauce (V)	Swiss Croissant/Let. Tom.(v)
Whipped Sweet Potato	Mash Potato	Brown Rice	Onion Rings	Egg Noodle	Mac and Cheese	Wavy Fries
Steamed Asparagus	Steamed Green Beans	Stir Fry Vegetables	Mixed Vegetables	Broc., Cauliflower, Carrots	Cole Slaw	Steamed Lima Beans
Mixed Fresh Fruit	Oranges w/ Whipped Topping	Cottage Cheese and Fruit	Chocolate Oreo Parfait	Bananas w/Vanilla pudding	Fresh Fruit Cup	<b>Butterscotch Pudding</b>
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Three Bean Chili (v)	Split Peas Soup (v)	Chicken Noodle Soup	Vegetable Alphabet Soup (V)	Cream of Mushroom	Chicken Corn Chowder	Potato Leek Soup
Mixed Greens Salad	Caesar Salad	House Salad	Greek Salad	Tossed Garden Salad	Spinach Salad	Garden Salad
Steak Tacos w/ topings	Citrus Shrimp	Beer Batter Alaskan Cod	Baked Greek Herb Chicken	Seafood Newburg	Carved Beef w/ Horseradish Cream Sauce	Salisbury Steak and Gravy
Chicken Quesadilla	Teriyaki Chicken Breast	Liver and Onions	Lemon Baked Tilapia	Grilled Pineapple Ham	Stuffed Pork loin	Chicken Fried Steak with Gravy
Spanish Rice	Mixed Vegetable Rice	Roasted Red Bliss Potatoes	Baked Potato	Polenta	Whipped Sweet Potatoes	Mashed potatoes
Steamed Broccoli	Stir Fry Vegetables	Steamed Corn	Glazed Carrot Coins	Green Beans w/ Red Peppers	Spinach and Mushrooms	Wax bean green beans carrots
Refried Beans	Roasted Cauliflower	Sauteed Kale and Onions	Sauteed Collard Greens	Roasted vegetables	Braised Red and Green Cabbage	Succotash
Yeast Roll	Multigrain roll	Hawaiian Roll	Yeast Roll	Wheat Dinner Roll	Multigrain Roll	Yeast Roll
Vegt. Chicken Quesadilla(V)	Beyond Beef Broccoli Stir-fry (V)	Vegetable Stew (V,GF,SF,VG)	Beyond Beef Loaf (V)	Ultimate Vegetable Quiche	Marinated Roasted Tofu (V)	Veggie Chicken Parmesan (V)
Tres Leches Cake	Butter Toffee Cake	Apple Almond Crisp	Cheesecake w/Berry Sauce	Oatmeal Raisin Cookies	Coconut Cake	Blueberry Pie