Week Two Fall Menu 2025
V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 12/1/25	Tuesday 12/2/25	Wednesday 12/3/25	Thursday 12/4/25	Friday 12/5/25	Saturday 12/6/25	Sunday 12/7/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal	Oatmeal
Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals	Assorted Cold Cereals
Vegetable Scrambled Eggs	Scrambled Eggs	Cream Chipped Beef w/ Biscuit	Crustless Quiche With Vegetables	Omelet With Cheese	Scrambled Eggs	Scrambled Eggs
Breakfast Meat and Potato	Breakfast Meat and Potato	Potato, Scrambled egg	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Pota
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfa Bread
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk	Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Broccoli Cheddar Soup (V)	Vegetable Soup (V)	Chicken Noodle	Carrot Ginger Soup (V)	Chicken Tortilla Soup	Chili Con Carne	Corn Chowder
Mixed Green Salad	Pasta Salad	Apple Raisin Walnut Salad	Cole Slaw	Caesar Salad	Macaroni Salad	House salad
BBQ Pork Rib	Spaghetti w/ Meat balls	Turkey Sand w/Let. Tom. Cheese	Salmon Patty	Open Face Roast Beef w/ Gravy	All American Burger	Chicken Teriyaki Thigh
Maple Glaze Turkey Burger	Hot Dog with Toppings	Quiche Loraine	BLT on Rye	Ham Salad Sandwich	Shrimp Salad on Roll	Mini Corndogs
Meatless Chix Nugget w/ sauce (V)	Spaghetti w/ Vegt. Meatballs(GF,V)	Grilled Cheese on Wheat (v)	California Garden Burger (V)	Chopped Garden Chef Salad (v)	Vegt. Chicken Salad Sand. (V)	Gardien Teriyaki Chick (v)
Baked Beans (v)	Garlic Knot	Sweet Potato Fries	Rice	Mashed Potatoes	Roasted Potatoes	Brown Rice
Cut Green Beans	Steamed Peas	Baby Carrots	Succotash	Steamed Spinach	Mixed Vegetables	Stir Fry Vegetables
Strawberry Apple Sauce	Yogurt and Fruit Cup	Mixed Grapes	Vanilla Pudding Parfait	Ambrosia	Chocolate Parfait	Whipped Topping Fru Cocktail
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Broccoli Cheddar Soup (V)	Vegetable Soup (V)	Chicken Noodle	Carrot Ginger Soup (V)	Chicken Tortilla Soup	Chili Con Carne	Corn Chowder
Caesar Salad	Greek Salad	Spinach Salad	House Salad	Mixed Green Salad	Greek Spinach Salad	Chopped Salad
Corned Beef	Chicken Broccoli Alfredo	Beef Lasagna	BBQ Chicken	Shrimp Scampi	London Broil w/ Mushroom Sauce	Tilapia w Lemon Cape sauce
Bratwurst with Sauerkraut	Beef Stroganoff	Mandarin Chicken Salad	Braised Pork Ioin with Mango Black Bean Salsa	Carved Smoked Beef Brisket	Monterey Chicken w/ Avocado	Chicken Puttanesca (to olive, caper)
Mashed Potatoes	Egg Noodles	Roasted Red Potatoes	Whipped Sweet Potatoes	Mango Rice	Au gratin Potatoes	Wild Rice
Braised Cabbage	Roasted Okra and Tomatoes	Steamed Green Beans	Steamed Broccoli	Braised Cabbage and Carrots	Wax Bean, Green Bean Carrot	Roasted Squash Medi
Glazed Carrot Coins	Steamed Broccoli and Cauliflower	Roasted Butternut Squash	Sauteed Mustard Greens	Steamed Peas	Cheesy Cauliflower	Basil Lima Beans and C
Hawaiian Roll	Yeast Roll	Garlic Bread Stick	Corn Bread	Yeast Roll	Wheat dinner roll	Multigrain roll
BBQ Tofu (V,VG,GF)	Sweet and Sour Meatball (V)	Ravioli w/ Cheese (V)	Vegetable Quiche (V, SF)	Vegetable Tofu Stir Fry (V)	Marinated Roasted Tofu(V,VG,GF)	Gardien Breaded Chick Piccata (V)
Oatmeal Raisin Cookies	Marble Banana Chocolate Cake	Peach Cobbler	Pumpkin Pie	Italian Lemon Cream Cake	Pecan Pie	Nutty Brownie