

Monday 1/19/25	Tuesday 1/20/25	Wednesday 1/21/25	Thursday 1/22/25	Friday 1/23/25	Saturday 1/24/25	Sunday 1/25/25
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Vegetable Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Banana Pancake Breakfast Meat and Potato Fresh Fruit and Scrambled egg Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Crustless Quiche Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Omelet with Cheese Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs with Cheese Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil And Spinach Soup (V) White Bean, Artichoke Salad Roast beef Swiss Melt Quiche Loraine Avocado, Tomato, Basil Mozz. Sand.(V) Macaroni Salad Steamed Carrot Coins Chunky Applesauce	Three Bean Chili (V) Caesar Salad Turkey Rueben Egg Salad on Wheat Grilled Cheese & Spinach Sand. (V) Sweet Potatoes Sauteed Spinach Chilled Pear Halves	New England Clam Chowder Chic Peas and Greens Philly Chicken Cheesesteak Crispy Cod with lemon Vegt. Chicken Cheesesteak (V) Steamed Rice Peas and Mushrooms Grapes and Yogurt	Minestrone Tomato Cucumber Salad Chili Hot Dog Hawaiian Turkey Burger Pineapple Veggie Burger (V) Tator Tots Mixed Vegetables Cake w/ Berries and Cream	White Bean and Cabbage Soup Corn Salad Pulled BBQ Chicken Cheeseburger w/ toppings BBQ Tofu (v) Cole Slaw Streamed Broccoli Diced Peaches w/ Whip Cream	Cream of Mushroom (V) Dill potato salad Sloppy Joe Sandwich Chicken Salad on Wheat White Bean Pesto Gnocchi (v) Roasted Potatoes Steamed Lima Beans Fruit Cocktail Gelatin	Chicken Orzo House Salad Tuna Salad Croissant Italian Sub w/Let.,Tom. Dressing Grilled Cheese (v) Steamed Corn Chips Vanilla Pudding Parfait
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil And Spinach Soup (V) House Salad Meatloaf BBQ Pork Loin Mashed Potatoes Steamed Green beans Roasted Mixed Vegetables Yeast Roll Lentil Meatloaf (V) Pecan Pie	Three Bean Chili (V) Cobb Salad Honey, Soy, Garlic Tilapia Pineapple Teriyaki Chicken Stuffed Pepper Brown Rice Stir Fry Vegetables Steamed Peas Multigrain Roll Vegt. Meatballs w/Sweet-sour sauce (GF,V) Key Lime Pie	New England Clam Chowder Mixed green Salad Spaghetti Meat Sauce Cod Cakes Diced Roasted Sweet Potato Steamed Cauliflower Sauteed Kale Garlic Bread Stick Spaghetti Vegetable Marinara (V) Chocolate Peanut Butter Cake	Minestrone Garden Salad Chimichurri Flank Steak Stuffed Apple Chicken Breast Cilantro Lime Rice Sauteed Spinach and Onions Roasted Squash Medley Wheat Dinner Roll Southwest Vegetable Casserole (V,GF) Apple Almond Crisp	White Bean and Cabbage Soup Tossed salad Shrimp w/ Spinach Tomatoes and Creamy Garlic Sauce Turkey Ala King Parslied Egg Noodles Cut Green beans Braised Cabbage and Greens Multigrain roll Vegt. Bratz and Black-eyed Peas (V) Lemon Pound Cake with Blueberries	Cream of Mushroom (V) Caesar Baked Cornflake Chicken Breast Seasoned Catfish with Shrimp Sauce Parslied Potato Sauteed Collards Corn O'Brien Corn Bread Roasted Chic Pea Stew (V) Strawberry Shortcake Cookies	Chicken Orzo Spinach Salad Chicken Fricassee Italian Sausage w/ Peppers Onions Rice and Bean Steamed Broccoli Roasted Butternut Squash Yeast Roll Vegetable Quiche (V,SF) Chocolate Cream Pie