

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

“With the new day comes new strength and new thoughts.”



			1 9:30 Calendar Distribution 10:30 Daily Chronicles 1:1 11:15 Coffee Social 2:00 What's New in 2026 3:15 Balloon Volleyball	2 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 1:30 Ice Cream Social 2:30 Bingo & Prizes	3 10:00 Daily Chronicles & This Day in History 1:1 10:30 Chair Exercise 11:15 Morning Coffee Social 2:00 Travelogue: Anchorage, Alaska 3:30 Hospitality Cart & Snacks
4 10:00 Daily Chronicles 1:1 10:30 Chair Exercise 11:15 Morning Coffee Social 2:00 Piano with Bertram McLeish – SH DR 2:15 Bingo & Prizes 3:30 The Majestic Alaskan Moose	5 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Music with Greg Lupton - HH 3:15 Humor: Big Fun	6 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:30 Kitchen Demo: Ice Cream Sundaes 3:15 Arts & Crafts: Making Snowflakes	7 10:00 Daily Chronicles & This Day in History 1:1 10:30 Creative Movement with Mary 11:15 Coffee Social 1:30 Movie Matinee 2:00 Arts & Crafts – SH DR 3:15 Bingo & Prizes – SH DR	8 10:30 Daily Chronicles & This Day in History 1:1 11:00 Knox Presbyterian Church Services – SH DR 11:15 Coffee Social 2:00 Tabletop Bowling 3:15 Taking Down the Holiday Decorations	9 10:30 Daily Chronicles & This Day in History 1:1 10:30 Dog Visits with Bob & Aggie 11:15 Coffee Social 1:30 Root Beer Floats 2:30 Bingo & Prizes
11 10:00 Daily Chronicles & This Day in History 1:1 10:30 Chair Exercise 11:15 Morning Coffee Social 2:00 Bingo & Prizes 3:30 Bean Bag Toss	12 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Music with Steve Flynn – SH DR 2:15 Tabletop Bowling 3:15 January Gazette	13 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Balloon Volleyball 3:00 Garden Club - HH	14 10:00 Daily Chronicles & This Day in History 1:1 10:30 Creative Movement with Mary 11:15 Coffee Social 2:00 Who or What Am I? 3:00 Music with Frank Plumer - HH	15 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 1:15 Movie Matinee 1:30 Bus Trip to The Dollar Store	16 10:00 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 1:30 Ice Cream Social 2:30 Bingo & Prizes
18 10:00 Daily Chronicles & This Day in History 1:1 10:30 Chair Exercise 11:15 Morning Coffee Social 2:00 Music with Senorita Sunshine – SH DR 2:15 Bingo & Prizes 3:30 Adult Coloring	19 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Native Plants Group 2:00 Tabletop Bowling 3:15 Martin Luther King Day: The Voice Heard Around the World <small>Martin Luther King Jr. Day</small>	20 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Movie Matinee 3:15 Barrell Pong Game	21 10:00 Daily Chronicles & This Day in History 1:1 10:30 Creative Movement with Mary 11:15 Coffee Social 2:00 Birthday Celebration & Cupcakes – SH DR 3:30 Bingo & Prizes – SH DR	22 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 1:15 Movie Matinee 1:30 Bus Trip to The Brown Cow Creamery	23 10:30 Daily Chronicles & This Day in History 1:1 10:30 Dog Visits with Bob & Aggie 12:00 Pizza Party Lunch 2:30 Root Beer Floats Social
25 10:00 Daily Chronicles & This Day in History 1:1 10:30 Chair Exercise 11:15 Morning Coffee Social 2:00 Bingo & Prizes 3:30 Manicures	26 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Jazz Piano with Yvonne Johnson – SH DR 3:15 Bingo & Prizes – SH DR	27 10:30 Daily Chronicles & This Day in History 1:1 10:30 Catholic Mass – SH Sol 11:15 Coffee Social 2:00 Resident Council & Follow-Up 3:15 Trivia	28 10:00 Daily Chronicles & This Day in History 1:1 10:30 Creative Movement with Mary 11:15 Coffee Social 1:30 Movie Matinee 2:00 Arts & Crafts – SH DR 3:15 Bingo & Prizes – SH DR	29 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 2:00 Tabletop Bowling 3:15 Balloon Volleyball	30 10:30 Daily Chronicles & This Day in History 1:1 11:15 Coffee Social 1:30 Ice Cream Social 2:30 Bingo & Prizes

Australia Day (Observed)