

Week Three Winter Menu 2025

V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 2/2/26	Tuesday 2/3/26	Wednesday 2/4/26	Thursday 2/5/26	Friday 2/6/26	Saturday 2/7/26	Sunday 2/8/26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Veggies & Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Blueberry Pancakes Breakfast Meat and Potato Fresh Fruit Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Crustless Quiche Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Cheese Omelet Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil and Tomato Soup Tomato Cucumber salad Turkey Cheese Croissant w/Let. Tom. Bacon, Lettuce, Tomato Sandwich Vegetable Quiche (V) Onion Rings Steamed Broccoli Fresh Melon Cup	Loaded Potato Soup Broccoli Salad Roast Beef, Cheddar on Rye Chicken salad Croissant Vegetable Pasta w/ Butter noodles (V) Sweet Potato Fries Peas and Mushrooms Mandarin Oranges	Turkey Noodle Chickpea Salad Philly Cheese Steak Grilled Chicken Sandwich w/ Toppings Swiss Let. Tom. Croissant (V) Tator Tots Baby Carrots/Green beans Peaches Orange Crème	Maryland Crab Soup Spinach Salad Ham, Cheese on White Egg Salad Sandwich on Wheat Veg. Garden Burger(V) Potato Salad Steamed Spinach Fresh Mixed Fruits	French Onion Soup Edamame & Corn Salad Chicken Tortellini Alfredo Meatball Sub w/Cheese Veg. Chicken Parmesan (V) Lima Beans Roasted Vegetables Diced Pears	Past Fagioli House Salad Pulled BBQ Beef Sandwich Rueben Sandwich Veg. Meatball Sub (v) Cole Slaw Steamed Corn Cottage Cheese with Fruit	Tomato Soup Cassar Salad Tuna Melt on Wheat Italian Hoagie Grilled Cheese w/ Tomato (V) Macaroni Salad Roasted Asparagus tips Vanilla Pudding w/Banana
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil and Tomato Soup Mixed Green Salad Chicken Cordon Blue w/ Mustard Cream Sauce Stuffed Pepper w/Beef& Rice Roasted Rosemary Potato Braised Cabbage and Apple Roasted Squash Medly Yeast Roll Vegt. Chicken with Mustard Cream Sauce (V) Chocolate Chip Cookies	Loaded Potato Soup Chopped Garden Salad Roasted Turkey Breast w/ Gravy Grilled Flank Steak with Burgundy Sauce Corn Bread Stuffing Mashed Cauliflower Steamed Green beans Wheat Dinner Roll Spincah Souffle (SF,V) Carrot Cake	Turkey Noodle House Salad Chicken Marsala Salmon Cake Mash Potato Sugar Snap Peas Mixed Vegetable Multigrain Roll Vegetable Stew (SF,V) Tiramisu	Maryland Crab Soup Garden Salad Braised Rosemary Leg of Lamb Sweet and Sour Chicken Herbed Brown Rice Brasied Mustard Greens Steamed Baby Carrots Yeast Roll Roasted Tofu (V, VG,GF) Apple Almond Crisp	French Onion Soup Caesar Salad Pesto Shrimp Turkey Meatballs (3) Spaghetti Steamed Peas Sauteed Spinach and Mushrooms Garlic Bread stick Vegetarian Meatball Pomodoro (V,VG) Coconut Cake	Past Fagioli House Salad Yankee Pot Roast Tilapia Vera Cruz Au Gratin Potato Italian Green Beans Mixed Carrots Wheat Roll Vegt. Chicken w/Tomato Basil sauce (V) Marbled Brownie	Tomato Soup Greek Salad Cajun Catfish Honey Glazed Pork loin Whipped Sweet Potatoes Steamed Broccoli Roasted Okra Cornbread Spinach Quiche (SF,V) Cherry Pie