

Week Three Winter Menu 2025
 V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 2/26	Tuesday 2/3/26	Wednesday 2/4/26	Thursday 2/5/26	Friday 2/6/26	Saturday 2/7/26	Sunday 2/8/26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Veggies & Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Blueberry Pancakes Breakfast Meat and Potato Fresh Fruit Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Crustless Quiche Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Cheese Omelet Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea, Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil and Tomato Soup Tomato Cucumber salad Turkey Cheese Croissant w/Let. Tom. Bacon, Lettuce, Tomato Sandwich	Loaded Potato Soup Broccoli Salad Roast Beef, Cheddar on Rye Chicken salad Croissant	Turkey Noodle Chickpea Salad Philly Cheese Steak Grilled Chicken Sandwich w/ Toppings	Maryland Crab Soup Spinach Salad Ham, Cheese on White Egg Salad Sandwich on Wheat	French Onion Soup Edamame & Corn Salad Chicken Tortellini Alfredo Meatball Sub w/Cheese	Past Fagioli House Salad Pulled BBQ Beef Sandwich Rueben Sandwich	Tomato Soup Cassar Salad Tuna Melt on Wheat Italian Hoagie
Vegetable Quiche (V)	Vegetable Pasta w/ Butter noodles (V)	Swiss Let. Tom. Croissant (V)	Veg. Garden Burger(V)	Veg. Chicken Parmesan (V)	Veg. Meatball Sub (v)	Grilled Cheese w/ Tomato (V)
Onion Rings	Sweet Potato Fries	Tator Tots	Potato Salad	Lima Beans	Cole Slaw	Macaroni Salad
Steamed Broccoli	Peas and Mushrooms	Baby Carrots/Green beans	Steamed Spinach	Roasted Vegetables	Steamed Corn	Roasted Asparagus tips
Fresh Melon Cup	Mandarin Oranges	Peaches Orange Crème	Fresh Mixed Fruits	Diced Pears	Cottage Cheese with Fruit	Vanilla Pudding w/Banana
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil and Tomato Soup Mixed Green Salad	Loaded Potato Soup Chopped Garden Salad	Turkey Noodle House Salad	Maryland Crab Soup Garden Salad	French Onion Soup Caesar Salad	Past Fagioli House Salad	Tomato Soup Greek Salad
Chicken Cordon Blue w/ Mustard Cream Sauce	Roasted Turkey Breast w/ Gravy	Chicken Marsala	Braised Rosemary Leg of Lamb	Pesto Shrimp	Yankee Pot Roast	Cajun Catfish
Stuffed Pepper w/Beef& Rice	Grilled Flank Steak with Burgundy Sauce	Salmon Cake	Sweet and Sour Chicken	Turkey Meatballs (3)	Tilapia Vera Cruz	Honey Glazed Pork loin
Roasted Rosemary Potato	Corn Bread Stuffing	Mash Potato	Herbed Brown Rice	Spaghetti	Au Gratin Potato	Whipped Sweet Potatoes
Braised Cabbage and Apple	Mashed Cauliflower	Sugar Snap Peas	Brasied Mustard Greens	Steamed Peas	Italian Green Beans	Steamed Broccoli
Roasted Squash Medly	Steamed Green beans	Mixed Vegetable	Steamed Baby Carrots	Sauteed Spinach and Mushrooms	Mixed Carrots	Roasted Okra
Yeast Roll	Wheat Dinner Roll	Multigrain Roll	Yeast Roll	Garlic Bread stick	Wheat Roll	Cornbread
Vegt. Chicken with Mustard Cream Sauce (V)	Spincah Souffle (SF,V)	Vegetable Stew (SF,V)	Roasted Tofu (V, VG,GF)	Vegetarian Meatball Pomodoro (V,VG)	Vegt. Chicken w/Tomato Basil sauce (V)	Spinach Quiche (SF,V)
Chocolate Chip Cookies	Carrot Cake	Tiramisu	Apple Almond Crisp	Coconut Cake	Marbled Brownie	Cherry Pie