



**Week Four Winter Menu 2025**  
**V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free**

Monday 2/9/26	Tuesday 2/10/26	Wednesday 2/11/26	Thursday 2/12/26	Friday 2/13/26	Saturday 2/14/26	Sunday 2/15/26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals	Oatmeal Assorted Cold Cereals
Vegetable Scrambled Eggs	Scrambled Eggs	Homestyle Waffles	Crustless Quiche with Vegetables	Omelet w/cheese	Two Eggs Over Hard	Scrambled Eggs
Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato	Breakfast Meat and Potato
Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Scrambled Eggs Fresh Fruit	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread	Fresh Fruit and Breakfast Bread
Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk	Orange Juice Coffee. Tea. Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Turkey Rice	Split Peas Soup (v)	Italian Wedding Soup	Vegetable Alphabet Soup (V)	New England Chowder	Tomato Bisque	Potato Leek Soup (V)
Broccoli and Cauliflower Salad	Marinated Tom./Cucumber Salad	Asian Salad w/Sesame Vin.	Macaroni Salad	Cous cous Primavera	House Salad	Pasta Salad
Chicken Salad on Rye	BBQ Chicken Breast	Crispy Sesame Chicken	Rueben Sandwich	BBQ Pork Rib	Chicken Tenders	Grilled Chicken w/ Let. Tom.
Cheeseburger with Let. Tom.	Ham and Swiss Sandwich	Turkey, Spinach Swiss Quiche	Roast beef, Cheddar Sandwich	Tuna Salad Sandwich	Patty Melt	Breaded Cod Fish w/Lemon
BBQ Veg. Chicken (v)	Grilled Cheese and Tomato (v)	Tofu Stir fry(V)	Spanakopita(v)	Vegt. Burger w/ Toppings	Vegetarian Chick Nuggets w/ Sauce (V)	Swiss Croissant/Let. Tom.(v)
Tator Tots	Mash Potato	Brown Rice	Onion Rings	Potato Salad	Mac and Cheese	Wavy Fries
Steamed Peas	Steamed Succotash	Stir Fry Vegetables	Mixed Vegetables	Steamed Lima beans	Cole Slaw	Steamed broccoli
Fresh Fruit	Butterscotch Pudding	Yogurt and Berries	Mixed Fruit Cottage cheese	Diced Pears	Peach Slices	Banana Pudding Parfait
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Turkey Rice	Split Peas Soup (v)	Italian Wedding Soup	Vegetable Alphabet Soup (V)	New England Chowder	Tomato Bisque	Potato Leek Soup (V)
Mixed Greens Salad	Caesar Salad	House Salad	Greek Salad	Chopped Salad	Spinach Salad	Garden Salad
Teriyaki Beef Stir Fry	Chicken Quesadilla	Seafood Newburg	Chicken Pot Pie Biscuit	Salisbury Steakwith Gravy	Carved Roast Beef with Horseradish Cream Sauce	Breaded Flounder with Lemon Butter Sauce
Orange Chicken	Beef Tacos w/ toppings	Sweet and Sour Pork	Beef Stew	Herbed Butter Tilapia	Turkey with Gravy	Baked Ziti w/ Italian Sausage
Vegetable Fried Rice	Spanish Rice	Polenta	Noodles	Whipped Potato	Baked Potato	Roasted Red Bliss Potatoes
Stir Fry Vegetables	Steamed Broccoli	Braised Red and Green Cabbage	Galzed Carrots	Spinach and Mushroom	Green beans w/ Red pepper	Mustard Greens
Egg Roll	Refried Beans	Squash Medley	Acorn Squash	Butternut Squash	Roasted Vegetables	Parslied Cauliflower
Yeast Roll	Wheat Dinner Roll	Multigrain Roll	Biscuit	Hawaiian Roll	Yeast Roll	Multigrain roll
Tofu Vegetable Stir Fry (V)	Vegt. Chicken Quesadilla(V)	Marinated Roasted Tofu (V,GF,VG)	Vegetable Stew (V,GF,SF,VG)	Vegetarian Chicken Parmesan (V)	Vegetable Quiche (V)	Penne Primavera w/Lemon Garlic Sauce(V,VG)
Blueberry Pie	Tres Leche Cake	Red Velvet Cake	Oatmeal Raisin Cookies	Cherry Crisp	Ultimate Chocolate Cake	Butter Toffee Cake