



Week One Spring Menu 2026
 V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

Monday 5/11/26	Tuesday 5/12/26	Wednesday 5/13/26	Thursday 5/14/26	Friday 5/15/26	Saturday 5/16/26	Sunday 5/17/26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Vegetable Scrambled Eggs Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk	Oatmeal Assorted Cold Cereals Scrambled Egg Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk	Oatmeal Assorted Cold Cereals Blueberry Pancake Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk	Oatmeal Assorted Cold Cereals Crustless Quiche Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk	Oatmeal Assorted Cold Cereals Omelet with Cheese Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk	Oatmeal Assorted Cold Cereals Scrambled Eggs with Cheese Breakfast Meat and Potato Breakfast Bread Fresh Fruit Orange Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil And Spinach Soup (V) White Bean, Artichoke Salad Roast Beef Swiss Melt Quiche Loraine Avocado, Tomato, Basil Mozz. Sand.(V) Macaroni Salad Steamed Carrot Coins Chunky Applesauce	Chicken Noodle (V) Caesar Salad Sloppy Joe Sandwich Chicken Salad on Wheat Grilled Cheese & Spinach Sand. (V) Sweet Potato Fries Broccoli Cauliflower Chilled Pear Halves	Three Bean Chili (V) Chic Peas and Greens Turkey Rueben Cheeseburger with toppings White Bean Pesto Gnocchi (v) Potato Salad Cut green beans Grapes and Yogurt	Minestrone Tomato Cucumber Salad Chili Hot Dog Hawaiian Turkey Burger Pineapple Veggie Burger (V) Tator Tots Baked Beans (v) Cake w/ Berries and Cream	White Bean and Cabbage Soup Corn Salad Philly Chicken Cheese Steak Egg Salad on Wheat Vegt. Chicken Cheesesteak (V) Peas And Mushrooms Fresh Chips Diced Peaches w/ Whip Cream	Cream of Mushroom (V) Dill potato salad Pulled BBQ chicken Ham&Swiss on Rye BBQ tofu Cole Slaw Steamed Broccoli Fruit Cocktail Gelatin	Chicken Orzo House Salad Tuna Salad Croissant Italian Sub w/Let.,Tom. Dressing Grilled Cheese (v) Pasta salad Mixed Vegetables Vanilla Pudding Parfait
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil And Spinach Soup (V) House Salad Meatloaf BBQ Pork Loin Mashed Potatoes Steamed Green beans Roasted Mixed Vegetables Yeast Roll Lentil Meatloaf (V) Chocolate Peanut Butter Cake	Chicken Noodle(V) Cobb Salad Corned Beef and Cabbage Irish Stew with Chicken Thigh Parslied Red Bliss Potato Spinach Peas and Carrots Wheat Roll Roasted Chic Pea Stew (V) Peach Cobbler	Three Bean Chili (V) Mixed green Salad Spaghetti with Meat Sauce Cod Cakes Diced Roasted Sweet Potato Steamed Cauliflower Sauteed Mustard Greens Garlic Bread Stick Spaghetti Vegetable Marinara (V) Apple Pie	Minestrone Garden Salad Chimichurri Flank Steak Stuffed Apple Chicken Breast Cilantro Lime Rice Collards Roasted Squash Medley Wheat Roll Southwest Vegetable Casserole (V,GF) Caramel Flan	White Bean and Cabbage Soup Tossed salad Shrimp w/ Spinach Tomatoes and Creamy Garlic Sauce Turkey Ala King Parslied Egg Noodles Italian Green Beans Mixed Carrot Coins Yeast Roll Vegt. Bratz and Black-eyed Peas (V) Lemon Pound Cake with Blueberries	Cream of Mushroom (V) Caesar Honey, Soy, Garlic Tilapia Pineapple Teriyaki Chicken Stuffed Pepper Brown Rice Stir Fry Vegetables Baby Carrots and Mixed Beans Multigrain Roll Vegt. Meatballs w/Sweet-sour sauce (GF,V) Key Lime Pie	Chicken Orzo Spinach Salad Chicken Fricassee Italian Sausage w/ Peppers Onions Rice and Bean Steamed Broccoli Roasted Butternut Squash Yeast Roll Vegetable Quiche (V,SF) Chocolate Fudge Brownie