

**Week Two Summer Menu 2026**

V- Vegetarian, GF- Gluten Free, VG- Vegan, SF- Soy Free

| Monday<br>7/13/26                                                                                                                                                                                   | Tuesday<br>7/14/26                                                                                                                                                                               | Wednesday<br>7/15/26                                                                                                                                                                                                                  | Thursday<br>7/16/26                                                                                                                                                                                                                                                          | Friday<br>7/17/26                                                                                                                                                                                                                         | Saturday<br>7/18/26                                                                                                                                                                                                                                | Sunday<br>7/19/26                                                                                                                                                                                                                                     |
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| Breakfast                                                                                                                                                                                           | Breakfast                                                                                                                                                                                        | Breakfast                                                                                                                                                                                                                             | Breakfast                                                                                                                                                                                                                                                                    | Breakfast                                                                                                                                                                                                                                 | Breakfast                                                                                                                                                                                                                                          | Breakfast                                                                                                                                                                                                                                             |
| Oatmeal<br>Assorted Cold Cereals<br>Vegetable Scrambled Eggs<br>Breakfast Meat and Potato<br>Fresh Fruit and Breakfast Bread<br>Orange Juice<br>Milk                                                | Oatmeal<br>Assorted Cold Cereals<br>Scrambled Eggs<br>Breakfast Meat and Potato<br>Fresh Fruit and Breakfast Bread<br>Orange Juice<br>Milk                                                       | Oatmeal<br>Assorted Cold Cereals<br>Cream Chipped Beef w/ Biscuit<br>Potato, Scrambled egg<br>Fresh Fruit<br>Orange Juice<br>Milk                                                                                                     | Oatmeal<br>Assorted Cold Cereals<br>Crustless Quiche With Vegetables<br>Breakfast Meat and Potato<br>Fresh Fruit and Breakfast Bread<br>Orange Juice<br>Milk                                                                                                                 | Oatmeal<br>Assorted Cold Cereals<br>Omelet With Cheese<br>Breakfast Meat and Potato<br>Fresh Fruit and Breakfast Bread<br>Orange Juice<br>Milk                                                                                            | Oatmeal<br>Assorted Cold Cereals<br>Scrambled Eggs<br>Breakfast Meat and Potato<br>Fresh Fruit and Breakfast Bread<br>Orange Juice<br>Milk                                                                                                         | Oatmeal<br>Assorted Cold Cereals<br>Scrambled Eggs<br>Breakfast Meat and Potato<br>Fresh Fruit and Breakfast Bread<br>Orange Juice<br>Milk                                                                                                            |
| Lunch                                                                                                                                                                                               | Lunch                                                                                                                                                                                            | Lunch                                                                                                                                                                                                                                 | Lunch                                                                                                                                                                                                                                                                        | Lunch                                                                                                                                                                                                                                     | Lunch                                                                                                                                                                                                                                              | Lunch                                                                                                                                                                                                                                                 |
| Broccoli Cheddar Soup (V)<br>Mixed Green Salad<br>BBQ Pork Rib<br>Maple Glaze Turkey Burger<br>Meatless Chix Nugget w/ sauce (V)<br>Baked Beans (v)<br>Cut Green Beans<br>Strawberry Apple Sauce    | Vegetable Soup (V)<br>Caesar Salad<br>Spaghetti w/ Meat balls<br>Chicken Alfredo Penne<br>Spaghetti w/ Vegt. Meatballs(GF,V)<br>Garlic Knot<br>Baby Carrots<br>Yogurt and Fruit Cup              | Potato Leek (V)<br>Apple Raisin Walnut Salad<br>Turkey Sand w/Let. Tom. Cheese<br>Ham Salad Sandwich<br>Grilled Cheese on Wheat (v)<br>Sweet Potato Fries<br>Steamed Peas<br>Mixed Grapes                                             | Carrot Ginger Soup (V)<br>Cole Slaw<br>Salmon Patty<br>BLT on Rye<br>California Garden Burger (V)<br>Rice<br>Succotash<br>Lime Gelatin Parfait                                                                                                                               | Chicken Tortilla Soup<br>Caesar Salad<br>Open Face Roast Beef w/ Gravy<br>Tuna Salad Croissant<br>Chopped Garden Chef Salad (v)<br>Mashed Potatoes<br>Steamed Spinach<br>Ambrosia                                                         | Chili Con Carne<br>Macaroni Salad<br>All American Burger<br>Shrimp Salad on Roll<br>Vegt. Chicken Salad Sand. (V)<br>Roasted Potatoes<br>Mixed Vegetables<br>Cottage Cheese with Fruit                                                             | Corn Chowder<br>House salad<br>Korean BBQ Chicken<br>Mini Corndogs<br>Gardien Teriyaki Chicken (v)<br>Brown Rice<br>Stir Fry Vegetables<br>Whipped Topping Fruit Cocktail                                                                             |
| Dinner                                                                                                                                                                                              | Dinner                                                                                                                                                                                           | Dinner                                                                                                                                                                                                                                | Dinner                                                                                                                                                                                                                                                                       | Dinner                                                                                                                                                                                                                                    | Dinner                                                                                                                                                                                                                                             | Dinner                                                                                                                                                                                                                                                |
| Broccoli Cheddar Soup (V)<br>Caesar Salad<br>Teriyaki Chicken Thigh<br>Pork Stew<br>Brown Rice<br>Asparagus tips<br>Plantains<br>Hawaiian Roll<br>Teriyaki Tofu (V,VG,GF)<br>Oatmeal Raisin Cookies | Vegetable Soup (V)<br>Greek Salad<br>Chicken Quesadilla<br>Beef Tacos<br>Spanish Rice<br>Ranch Style Beans<br>Roasted Cauliflower<br>Yeast Roll<br>Black Bean Quesadilla (V)<br>Tres Leches Cake | Potato Leek (V)<br>Spinach Salad<br>Beef Lasagna<br>Seafood Quiche<br>Roasted Red Potatoes<br>Italian Green Beans<br>Roasted Butternut Squash<br>Garlic Bread Stick<br>White Bean with Vegetables (V)<br>Marble Banana Chocolate Cake | Carrot Ginger Soup (V)<br>House Salad<br>Herb Roasted Airline Chicken Breast<br>Braised Apple Glazed Pork Loin with Black Eyed Peas<br>Whipped Sweet Potatoes<br>Steamed Broccoli<br>Sauteed Mustard Greens<br>Multigrain Roll<br>Vegetable Quiche (V, SF)<br>Cherry Cobbler | Chicken Tortilla Soup<br>Mixed Green Salad<br>Shrimp Scampi<br>Monterey Chicken w/ avocado<br>Mango Rice<br>Ginger Carrots<br>Roasted Vegetable No Onions<br>Yeast Roll<br>Vegetable Tofu Stir Fry (V)<br>Strawberry Shortcake Pound Cake | Chili Con Carne<br>Greek Spinach Salad<br>Braised Beef Brisket w/ Burgundy Sauce<br>Chicken Meatloaf w/ Gravy<br>Au gratin Potatoes<br>Wax Bean, Green Bean Carrot<br>Steamed Green Beans<br>Corn Bread<br>Beyond Meatloaf (V)<br>Sweet Potato Pie | Corn Chowder<br>Chopped Salad<br>Tilapia w Lemon Caper sauce<br>Chicken Puttanesca (tom., olive, caper)<br>Wild Rice<br>Roasted Squash Medley<br>Basil Lima Beans and Corn<br>Wheat Roll<br>Gardien Breaded Chicken Piccata (V)<br>Italian Lemon cake |