

Week Three Summer Menu 2026

V-Vegetarian, GF- Gluten Free, VG- Vegan, SF- Sou Free

Monday 7/20/26	Tuesday 7/21/26	Wednesday 7/22/26	Thursday 7/23/26	Friday 7/24/26	Saturday 7/25/26	Sunday 7/26/26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal Assorted Cold Cereals Veggies & Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea,	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea,	Oatmeal Assorted Cold Cereals Blueberry Pancakes Breakfast Meat and Potato Fresh Fruit Orange Juice Coffee, Tea,	Oatmeal Assorted Cold Cereals Crustless Quiche Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea,	Oatmeal Assorted Cold Cereals Cheese Omelet Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea,	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea,	Oatmeal Assorted Cold Cereals Scrambled Eggs Breakfast Meat and Potato Fresh Fruit and Breakfast Bread Orange Juice Coffee, Tea,
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lentil and Tomato Soup Tomato Cucumber salad Turkey Cheese Croissant w/Let. Tom. Bacon, Lettuce, Tomato Sandwich Vegetable Quiche (V) Onion Rings Steamed Broccoli Butterscotch Pudding Parfait	Loaded Potato Soup Broccoli Salad Roast Beef, Cheddar on Rve Chicken salad Croissant Vegetable Pasta w/ Butter noodles (V) Potato Salad Peas and Mushrooms Mandarin Oranges	Turkey Noodle Chickpea Salad Philly Cheese Steak Grilled Chicken Sandwich w/ Toppings Swiss Let. Tom. Croissant (V) Tator Tots Baby Carrots/Green beans Peaches Orange Crème	Maryland Crab Soup Spinach Salad Ham, Cheese on White Meatball Sub Veg. Garden Burger(V) Sweet Potato Fries Lima Beans Fresh Mixed Fruits	French Onion Soup Edamame & Corn Salad Chicken Tortellini Alfredo Egg Salad on Wheat Veg. Chicken Parmesan (V) Cut Green Beans Roasted Vegetables Diced Pears	Past Fagioli House Salad Pulled BBQ Beef Sandwich Rueben Sandwich Veg. Meatball Sub (v) Cole Slaw Steamed Corn Cottage Cheese with Fruit	Tomato Soup Caesar Salad Tuna Melt on Wheat Italian Hoagie Grilled Cheese w/ Tomato (V) Macaroni Salad Roasted Asparagus tips Vanilla Pudding w/Banana
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Lentil and Tomato Soup Mixed Green Salad Chicken Cordon Blue w/ Mustard Cream Sauce Stuffed Pepper w/Beef& Rice Roasted Sweet Potato Braised Cabbage and Apple Roasted Squash Medley Yeast Roll Vegt. Chicken with Mustard Cream Sauce (V) Chocolate Chip Cookies	Loaded Potato Soup Chopped Garden Salad Chicken Enchiladas Steak Fajitas Spanish Rice Roasted Garlic Cut Green Bean Cumin Scented Black Bean Jalapeno Corn Bread Mixed Vegetable Fajita (V) Coconut Cake	Turkey Noodle House Salad Pesto Shrimp Chicken Marsala Egg Noodles Sugar Snap Peas Mixed Vegetable Garlic Breadstick Curried Vegetable Stew (SF,V) Tiramisu	Maryland Crab Soup Asian Mandarin Salad w/Almonds Sweet and Sour Chicken Vietnamese Catfish (sweet&sour) Herbed Brown Rice Stir Fry Vegetables Egg Roll Yeast Roll Roasted Tofu (V, VG,GF) Apple Almond Crisp	French Onion Soup Caesar Salad Salmon Cake Greek Stuffed Chicken (Spinach & Feta) Colcannon (Mash with Greens) Roasted Butternut Squash Sauteed Spinach and Mushrooms Multigrain Roll Spinach Souffle(SF,V) Cherry Pie	Past Fagioli Spinach Salad Yankee Pot Roast Tilapia Vera Cruz Roasted Rosemary Potato Italian Green Beans Mixed Carrots Wheat Roll Vegt. Chicken w/Tomato Basil sauce (V) Marbled Brownie	Tomato Soup Greek Salad Braised Rosemary Leg of Lamb Honey Glazed Pork Roast Wild Rice Steamed Broccoli Basil lima Beans Yeast roll Vegt. Beef and Broccoli (V) Carrot Cake